



“Reflecting on the interplay between the family and the Church will prove a precious gift for the Church in our time.”

(Pope Francis, Amoris Laetitia)

As preparations begin nationally to celebrate the ‘World Meeting of Families’ in 2018, here at Knock Shrine we continue to support and celebrate the lives of families who visit Knock as pilgrims and those too who live in Knock parish.

Building on the success of our first Family Focus week in 2015, this year we are hosting four family friendly events daily, which we hope will enrich, assist and encourage families to live contentedly and well in a world that is always challenging and often difficult.

We invite you to take part in all or some of our Family Focus Week 2016.

Four Daily Events

- 12 noon:** A **workshop** focused on enriching day to day experiences within family life.
- 3.00pm** **Mass** with a specific family theme and intention.
- 7.00pm** **An hour of prayer** with music, reflections and quiet time at Our Lady’s Shrine, remembering personal and family intentions.
- 8.30pm** **A talk** addressing family concerns and difficulties with time for questions and discussion.



July 9th
to
15th

Whatever your family experience, you are welcome to join us for all, or part, of this week at Knock Shrine.

For more information contact:
The Family Centre @ Knock Shrine
Knock, Claremorris, Co. Mayo.
Phone: 094-93 75320
E-mail: familycentre@knockshrine.ie
www.knockshrine.ie/familycentre

Upcoming Family Events

- **Family Prayer Day**
Saturday, July 23rd, 2016
Venue: The Basilica at 3pm
- **Blessing of Family Pets**
Saturday, October 1st, 2016
Venue: Outside Family Centre 12 noon
- **Mass for Bereaved Parents**
Sunday, November 13th, 2016
Venue: The Rest & Care Centre at 3pm
- **Blessing of Expectant Mothers**
Saturday, December 10th, 2016
Venue: The Shrine at 12 noon



Family Centre
KNOCK

Family Focus
Week 2016



Saturday July 9th
to
Friday July 15th
2016

Saturday, 9 July

12.00 noon: Opening of Family Focus Week with Blessing of young children 0-12 yrs

Venue: The Basilica

2.00 pm: Blessing of the new Garden of Remembrance at Knock Shrine

Venue: Outside the Family Centre

Monday, 11 July

12.00 noon: Morning Workshop

Theme: **Knock – what it offers to all**

Venue: Guided tour of Knock Shrine

Facilitator: Ann Marie Duggan-Hughes

3.00 pm: Mass in the Basilica

Theme: **Eucharist – where all are welcome**

7.00 pm: Reflection Hour

Theme: **Praying for all pilgrims**

Venue: The Shrine

8.30 pm: Evening Workshop

Topic: **Dealing with addiction**

Venue: The Rest & Care Centre

Speaker: Sr. Maud Murphy

Tuesday, 12 July

12.00 noon: Morning Workshop

Theme: **Children at prayer**

Venue: The HUB

Facilitators: Knock Youth Ministry Team

(Also our evening workshop will be held at 12 noon in the Rest & Care Centre)

3.00 pm: Mass in the Basilica

Theme: **Celebrating young faith**

7.00 pm: Reflection Hour

Theme: **Praying for all who worry**

Venue: The Shrine

8.30 pm: Evening Workshop

Topic: **Letting worry go**

Venue: The Rest & Care Centre

Speaker: Mary Trench

Wednesday, 13 July

12.00 noon: Morning Workshop

Theme: **Cherishing our past**

Venue: The Museum

Facilitator: Grace Mulqueen

3.00 pm: Mass in the Basilica

Theme: **Praying for the sick and elderly**

7.00 pm: Reflection Hour

Theme: **Gratitude for the gift of years**

Venue: The Shrine

8.30 pm: Evening Workshop

Topic: **Passing on my faith**

Venue: The Rest & Care Centre

Speaker: Kathleen Heavey

Thursday, 14 July

12.00 noon: Morning Workshop

Theme: **Calm parenting**

Venue: The Counselling Centre

Facilitator: Peter Devers

3.00 pm: Mass in the Basilica

Theme: **Celebrating family life**

7.00 pm: Reflection Hour

Theme: **Praying with and for young people**

Venue: The Shrine

8.30 pm: Evening Workshop

Topic: **Testimonies from young people**

Venue: The Rest & Care Centre

Speakers: Young Adults (VAKS)

Friday, 15 July

12.00 noon: Morning Workshop

Theme: **Coming through grief**

Venue: The Rest & Care Centre

Speaker: Monica Morley

3.00 pm: Mass in the Basilica

Theme: **Praying for all our dead**

7.00 pm: Reflection Hour in the Shrine

Theme: **Remembering our departed loved ones**

8.30 pm: Evening Workshop

Topic: **The grief journey**

Venue: The Rest & Care Centre

Facilitators: The Knock Bereavement Support Group

“The church is good for the family and the family is good for the church”

(Pope Francis, Amoris Laetitia)